

MANUAL HANDLING OF LOADS RISK ASSESSMENT (MH007)

Note: This checklist will remind you of the main points to think about while you: Consider the risk of injury from manual handling operations, identify steps that can remove or reduce risk, Decide your priorities for action.

SUMMARY OF ASSESSMENT

Operations covered by this assessment: Emptying Bins / Large Wheelie bins

Location: Production area

Personnel involved: Two persons

Date of Assessment: 17th July 2020

Overall priority for remedial action:

Nil/ Low/ Med/High

Remedial action to be taken: See Section D

Date by which action is to be taken:

17th November 2020

Date of re-assessment:

17th November 2020

Assessor's name: Calogero Gattuso

Signature: Calogero Gattuso

SECTION A – Preliminary				
Q1 Do the operations involve a significant risk of injury	Yes No			
Q2 Can the operations be avoided/mechanised/automated at reasonable cost? If 'No' discuss with the Management If 'Yes' proceed and then check that the result is satisfactory	Yes	No		
SECTION B - More detailed assessment overleaf				
	Insignificant			
Q3 What is your overall assessment of the risk of injury? If not 'Insignificant' go straight to Section D If 'Insignificant' the assessment need go no further	Low	Med	High	

SECTION D - Remedial action:

Q4 Remedial steps to be taken, in order of priority. None identified at this time.

AND FINALLY:

Complete the SUMMARY above. Decide your priorities for action.

TAKE ACTION ... AND CHECK THAT IT HAS THE DESIRED EFFECT



SECTION B – More detailed assessment, where necessary:

					Τ
Questions to consider: (If the answer to a question is 'Yes' place a tick against it and then consider the level of risk)	(Tick as appropriate)		te)	Possible remedial action: (Make rough notes in this column in preparation for completing Section D)	
In red is hazards to consider	Yes	Low	Med	High	
The tasks					
Do they involve: Holding loads away from trunk? Twisting?	V		V		Move feet avoid twisting body.
Stooping?	'		,		more less arela timesing seay.
Carrying?	√		√		Use the sack barrow provided, when emptying the wheelie bins make sure this is a two-man lift. Make sure that you use the correct lifting technique as instructed.
Reaching the load at ground level? Lifting the load at ground level?	√	√			Always bend you knees and use the correct Manual handling techniques as instructed. Get close to the load at ground level then bend your knees and use the correct lifting technique as instructed.
Reaching upwards?					instructed.
Large vertical movement?	√	√			This task is of a short duration only. This task is undertaken by a two persons.
Bending sideways?	√	√			Avoid bending sideways, try to have enough space around the task.
Handling while seating? Long carrying distances? Strenuous pushing or pulling? Unpredictable movement of loads? Insufficient rest or recovery? A work-rate imposed by a process/repetition?	√		٧		Any pushing or pulling is minimal, only short duration of the task, two-person task.
The loads Are they: Bulky/ Unwieldy? Difficult to grip? Hot to touch? Cold to touch? Heavy? Light? Sharp/Abrasive? Unstable/unpredictable? Eccentric shape?	√ √	√ √			The wheelie bin is bulky and unwieldy, this task is a two - person lift when lifting into the skip for tipping. Wear gloves with good grip at all times. Mechanical aids are use as much as possible (Sack Barrow) avoid overfilling bins.

The working environment Are there: Hot environments? Cold environments? Humid environments? Strong air movements? Dusty conditions? Noisy environment? Vibration exposure? Constraints on posture? Obstructions?	√		V		Take care when transporting bins in strong winds.
Need to negotiate steps? Flooring - Slopes? Uneven/Slippery surfaces Poor lighting conditions?	√ √		7		Make sure that safety footwear is worn with good grip. Make sure that safety footwear is worn with good grip.
Individual capability Does the task require: Require unusual capability?	√		√		Need to be physically fit as work can be strenuous at times also allow for recovery time.
Hazard to those with health problems? Hazard to those who are pregnant? Hazard to those persons	√			√	No persons that are likely to be pregnant undertake this task.
either young or older persons? Call for special information/training?	V	٧			All persons are trained in manual handling techniques upon induction and at regular intervals (Yearly basis)
Other factors Is movement or posture hindered by clothing or personal protective equipment?	V	1			Make sure that any clothing is removed or repositioned so that the lifting technique is not restricted.

When you have completed Section, B go to Section C

Deciding the level of risk will inevitably call for judgement.