

MANUAL HANDLING OF LOADS RISK ASSESSMENT (MH007)

Note: This checklist will remind you of the main points to think about while you: Consider the risk of injury from manual handling operations, identify steps that can remove or reduce risk, Decide your priorities for action.

<p>SUMMARY OF ASSESSMENT</p> <p>Operations covered by this assessment: Emptying Bins / Large Wheelie bins</p> <p>Location: Production area</p> <p>Personnel involved: Two persons</p> <p>Date of Assessment: 17th July 2020</p>	<p>Overall priority for remedial action: Nil/ Low/ Med/High</p> <p>Remedial action to be taken: See Section D</p> <p>Date by which action is to be taken: 17th November 2020</p> <p>Date of re-assessment: 17th November 2020</p> <p>Assessor's name: Calogero Gattuso</p> <p>Signature: <i>Calogero Gattuso</i></p>
SECTION A – Preliminary	
Q1 Do the operations involve a significant risk of injury	Yes No
Q2 Can the operations be avoided/mechanised/automated at reasonable cost? If 'No' discuss with the Management If 'Yes' proceed and then check that the result is satisfactory	Yes No
SECTION B - More detailed assessment overleaf	
SECTION C – Overall assessment of risk:	Insignificant
	Low Med High
Q3 What is your overall assessment of the risk of injury? If not 'Insignificant' go straight to Section D If 'Insignificant' the assessment need go no further	
SECTION D – Remedial action:	
Q4 Remedial steps to be taken, in order of priority. None identified at this time.	
AND FINALLY:	
<p>Complete the SUMMARY above. Decide your priorities for action.</p> <p>TAKE ACTION ... AND CHECK THAT IT HAS THE DESIRED EFFECT</p>	

SECTION B – More detailed assessment, where necessary:					
Questions to consider: (If the answer to a question is 'Yes' place a tick against it and then consider the level of risk)	Level of risk: (Tick as appropriate)				Possible remedial action: (Make rough notes in this column in preparation for completing Section D)
In red is hazards to consider	Yes	Low	Med	High	
<p>The tasks</p> <p>Do they involve: Holding loads away from trunk? Twisting? Stooping?</p> <p>Carrying?</p> <p>Reaching the load at ground level? Lifting the load at ground level?</p> <p>Reaching upwards?</p> <p>Large vertical movement?</p> <p>Bending sideways?</p> <p>Handling while seating? Long carrying distances? Strenuous pushing or pulling? Unpredictable movement of loads? Insufficient rest or recovery? A work-rate imposed by a process/repetition?</p>	√		√		<p>Move feet avoid twisting body.</p> <p>Use the sack barrow provided, when emptying the wheelie bins make sure this is a two-man lift. Make sure that you use the correct lifting technique as instructed.</p> <p>Always bend you knees and use the correct Manual handling techniques as instructed. Get close to the load at ground level then bend your knees and use the correct lifting technique as instructed.</p> <p>This task is of a short duration only. This task is undertaken by a two persons. Avoid bending sideways, try to have enough space around the task.</p> <p>Any pushing or pulling is minimal, only short duration of the task, two-person task.</p>
<p>The loads</p> <p>Are they: Bulky/ Unwieldy?</p> <p>Difficult to grip? Hot to touch? Cold to touch? Heavy?</p> <p>Light? Sharp/Abrasive? Unstable/unpredictable? Eccentric shape?</p>	√	√			<p>The wheelie bin is bulky and unwieldy, this task is a two - person lift when lifting into the skip for tipping. Wear gloves with good grip at all times.</p> <p>Mechanical aids are use as much as possible (Sack Barrow) avoid overfilling bins.</p>

