MANUAL HANDLING OF LOADS RISK ASSESSMENT (MH006)

Note: This checklist will remind you of the main points to think about while you: Consider the risk of injury from manual handling operations, identify steps that can remove or reduce risk, Decide your priorities for action.

SUMMARY OF ASSESSMENT Operations covered by this assessment: Loading Lorries	Overall priority for remedial action: Nil/ Low/ Med/High Remedial action to be taken: See Section D
Location: Yard area	Date by which action is to be taken: 17 th November 2020
Personnel involved: Two persons Date of Assessment: 17 th July 2020	Date of re-assessment: 17 th November 2020
	Assessor's name: Calogero Gattuso Signature: Calogero Gattuso

SECT	ION A – Preliminary						
Q1	Do the operations involve a significant risk of injury	Yes No					
lf 'No'	Can the operations be avoided/mechanised/automated at nable cost? discuss with the Management s' proceed and then check that the result is satisfactory	Yes	No				
SECT	ION B - More detailed assessment overleaf						
SECT	ION C – Overall assessment of risk:	Insignificant					
Q3	What is your overall assessment of the risk of injury? If not 'Insignificant' go straight to Section D If 'Insignificant' the assessment need go no further	Low Med Hig					
SECT	ION D – Remedial action:		·				
Q4 Remedial steps to be taken, in order of priority. None identified at this time.							
AND	FINALLY:						
Complete the SUMMARY above. Decide your priorities for action.							

TAKE ACTION ... AND CHECK THAT IT HAS THE DESIRED EFFECT



Questions to consider: (If the answer to a question is 'Yes' place a tick against it and then consider the level of risk)	Level of risk: (Tick as appropriate)				Possible remedial action: (Make rough notes in this column in preparation for completing Section D)
In red is hazards to consider	Yes	Low	Med	High	
The tasks					
Do they involve: Holding loads away from trunk? Twisting? Stooping?	$\sqrt[n]{\sqrt{1}}$		√ √		Move feet avoid twisting body. Bend knees use the correct lifting technique a instructed
Carrying? Reaching the load at ground level? Lifting the load at ground level?	$\sqrt[n]{\sqrt{1}}$	$\sqrt{1}$	\checkmark		Carrying the load for a very short time / distance only. Bend knees use the correct lifting technique a instructed
Reaching upwards? Large vertical movement? Bending sideways? Handling while seating? Long carrying distances? Strenuous pushing or			V		Make sure that you use the correct lifting technique a instructed. This task is of a short duration only. This task is undertaken by a two persons.
pulling? Unpredictable movement of loads? Insufficient rest or recovery? A work-rate imposed by a process/repetition?	V		√		Any pushing or pulling is minimal, only short duratio of the task, two-person task.
The loads Are they: Bulky/ Unwieldy? Difficult to grip? Hot to touch? Cold to touch? Heavy?	イ イ イ	イ イ イ			Some loads are bulky and unwieldy, this task is a two person lift, not all loads lifted fall into this criteria. Wear gloves with good grip at all times. Mechanical aids are use as much as possible (For
Light? Sharp/Abrasive? Unstable/unpredictable? Eccentric shape?	\checkmark	V			Lift Truck) and most product is palletised. Be aware that some loads are light. (Frames)

HUMPHREY & STRETTON

The working environment Are there: Hot environments? Cold environments? Humid environments? Humid environments? Strong air movements? Dusty conditions? Noisy environment? Vibration exposure? Constraints on posture? Obstructions? Need to negotiate steps? Flooring - Slopes? Uneven/Slippery surfaces Poor lighting conditions?	V		√		Make sure that safety footwear is worn with good grip.	
Individual capability Does the task require: Require unusual capability? Hazard to those with health problems? Hazard to those who are pregnant? Hazard to those persons either young or older persons? Call for special information/training?		~	\checkmark	~	Need to be physically fit as work can be strenuous at times also allow for recovery time. No persons that are likely to be pregnant undertake this task. Care to be taken for persons that fall into this category. All persons are trained in manual handling techniques upon induction and at regular intervals (Yearly basis)	
Other factors Is movement or posture hindered by clothing or personal protective equipment?	V	√			Make sure that any clothing is removed or repositioned so that the lifting technique is not restricted.	
When you have completed Section, B go to Section C						

Deciding the level of risk will inevitably call for judgement.